



# Relationships & Sex Education (RSE) Policy

Updated: May 2026

Review cycle: 3 years

**Rosie Hall**

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## **Sex and Relationships Education Policy**

### **Rationale**

Crestwood's mission is to enable all students to fulfil their potential and to prepare them for the opportunities, responsibilities and experiences of adult life. The Education Act 1993 requires secondary schools to provide sex and relationships education for all students as it is considered a crucial step in equipping children for life, both now and in the future as adults and parents. **It is also seen as a vital contribution towards achieving a substantial improvement in the health of the nation, in particular by reducing the rate of conception in under 16s, reducing the incidence of sexually transmitted infections and to promote healthy and respectful relationships.**

## Aims

Crestwood recognises that parents have the prime responsibility for bringing up their children and that they are key figures in helping them to adjust to the challenges and responsibilities which sexual maturity brings. Crestwood will support them in this role by offering learning opportunities and raising awareness for both students and parents.

Crestwood aims to offer a sex and relationships education programme which:

- complements and supports the role of parents and is developed in partnership with them
- complies with the RSE statutory requirements (DfE), which requires a broad approach to teaching about healthy relationships, physical and mental wellbeing and online safety
- offers parents the opportunity to see teaching materials and information on how they will be used
- makes best use of professional expertise on specific topics by the use of outside speakers (teachers will always be present at such lessons and resources will be checked by the Faculty Lead beforehand to ensure suitability);
- promotes responsible behaviour, the value of the family and the responsibilities of parenthood;
- provides knowledge about loving relationships, the nature of sexuality, including homosexuality, and the process of human reproduction;
- provides information on effective and suitable contraception with support from partnerships, i.e. No Limits and Girl Talk, Boy Talk.
- is appropriate to the age and understanding of students;
- presents facts in an objective, balanced and sensitive manner within a clear framework of values and an awareness of the laws on sexual behaviour;
- and emphasises the development of health related skills, eg informed decision making; communication; exploring attitudes and acquiring accurate information.
- considers the needs of LGBT+ students and gives support/advice to all students so they are well informed, as outlined in the 2010 Equalities Act of Protected Characteristics.

## Implementation

Crestwood's sex and relationships education programme will comply with the [Department for Education's Statutory Requirements](#)

Education is informed by the statutory requirements, the PSHE Association Programme of

**Study and by teachers of PSHE and Ethics and Philosophy.** Visiting professionals also provide input at both key Stage 3 and Key Stage 4.

Delivery of sex and relationships education is monitored by the **Faculty Lead** through planning, monitoring, quality assurance of lesson plans and observation of lessons.

A detailed programme of study for year groups 7, 8, 9 and 10 is in place for delivery and this is supported with guidelines for delivery of the programme. The school website has a dedicated **PSHE** section which outlines the topics students are studying and when this happens in the academic year. Copies of documents or further information is available on request.

Resources used will be in line with this policy. **Parents will be able to request information such as when these topics will be taught in lessons.** They have the opportunity **to request to view material** and discuss any issues if they wish.

Resources used will be in line with this policy and parents will be consulted if there is a major change.

Crestwood staff understand and support the purpose and aims of the sex and relationships education policy. They all receive training to ensure that they are aware of the legal implications and their professional responsibilities. Particular attention is given to the induction of new staff.

Individuals may raise sensitive issues with teachers outside the classroom. Teachers will explain that they cannot offer complete confidentiality and will always try to persuade the young person to involve their parents and offer help in doing so. Students will be encouraged to seek advice from relevant health professionals and information on local services may be given. Partnership links (Youth Worker, School Nurse, Policing Team) provide professional support outside lessons. If a teacher is concerned as to the welfare of the student they will inform a senior member of staff who will decide on the appropriate action. **This is in line with the Keeping Children Safe in Education Policy, and Crestwood's Safeguarding Policy.**

### **Right to Withdraw Children**

Parents have the right to withdraw their children from all or part of the school's specific sex education programme. If any aspect of the programme causes concern parents are invited to discuss this with the Year Leader. Should a parent wish to exercise their right to withdrawal they are asked to write to the Head Teacher, who will inform the relevant teaching staff. Any such request will be dealt with sensitively and, as far as possible, in confidence.

However, it should be noted that there is not a right to withdraw children from Health Education, Relationships Education or the sex education elements required by the National Curriculum Science Order set out below:

1. Life processes - how mammals are organised at a cellular and macroscopic level.
2. Human reproduction - the naming, recognition and function of human organs.
3. Mechanisms of inheritance and selective breeding.

staff and Hampshire County Advisors. It will be monitored and reviewed by the Senior Staff and Governors every three years.

The programme of study will be monitored and reviewed regularly to ensure:

i that all factual information remains correct and corresponds with the latest medical research and the law;

ii and that the students are benefiting and learning from the lessons. Both

the above reviews will be achieved by:

i Feedback from students, parents and staff.,

ii Any questionnaires with parents

iii Advice from Hampshire County Advisors;

iv Inviting views from the Governing Body and Community professionals.

Approved by governors: May 2023

Review Date: May 2026